### **ABOUT US**



MAHLE's company health insurance fund has existed since 1953 as a traditional (company-specific) health insurance fund. Originally, it was established as a health insurance fund for MAHLE GmbH but it is now available as an option for all MAHLE Group employees (based in Germany) and their family members. The restricted eligibility to join this scheme, which has solidarity as a basis, brings a certain exclusivity. We offer high-quality service, a particularly favourable rate of contributions and an attractive range of additional services.

For over 60 years we have seen it as our role to offer active support in all health-related matters and provide the best possible care and individual support both in the event of illness and also for preventive health care.

It is our highest priority to protect your personal data and keep it safe. The way we work focuses on the needs of those who are insured with us and the sponsoring company.

Today the MAHLE Group is a leading supplier of technology with global operations. As the company's health insurance scheme, we are growing with the changed everyday health demands associated with this and we always operate according to the guiding principle "From MAHLE for MAHLE".

More than 14,500 people currently trust us for their health insurance. You will also become a member of MAHLE's health insurance scheme.

Legal notices Publisher: BKK MAHLE (MAHLE'S HEALTH INSURANCE SCHEME) Legal status: 1 Nov. 2019 This brochure is a summary The law and the articles of association are legally binding.

BKK MAHLE, Pragstraße 26-46, 70376 Stuttgart Telephone: 07 11 / 2090-9400 Fax: 07 11 / 2090-9450 info@bkk-mahle.de www.bkk-mahle.de



Recommend us and change over to MAHLE'S HEALTH INSURANCE SCHEME. We will handle all the formalities for you.

## "Health is not everything, but everything is nothing without health!"

Arthur Schopenhauer, German philosopher (1788-1860)



# **OVERVIEW OF BENEFITS** OF MAHLE'S HEALTH **INSURANCE SCHEME**



THE HEALTH INSURANCE SCHEME FOR MAHLE EMPLOYEES AND THEIR FAMILY MEMBERS

Join now and secure

a favourable rate for

contributions of

15,7%

## **STATUTORY BENEFITS & ADDITIONAL BENEFITS OF MAHLE'S COMPANY PENSION SCHEME**

Just phone us and we will be pleased to advise you. 07 11 / 2090-9400

#### **TREATMENT BY A PHYSICIAN**

- Acupuncture (lower back or knee joint)
- Outpatient treatment and operations by physicians
- Psychotherapy and socio-therapy
- Hospital treatment as a day patient
- Inpatient and partial inpatient treatment including admission of one parent for children, if medically required
- Payment of travel and transportation costs
- Socio-paediatric services in special treatment centres
- Sickness benefit
- Sickness benefit in the event of a child under the age of 12 beina ill
- Payment of costs for treatments abroad, if authorised beforehand
- Participation in structured treatment programmes for chronic diseases
- Provision of care by the family doctor
- Costs covered for homoeopathy treatments\*
- Costs covered for anthroposophical treatments
- Costs covered for 80% of osteopathy per treatment, for max. 6 sessions and max. €60 per session
- Costs covered for private and qualified psychotherapy
- Integrated care agreements for interdisciplinary treatment, e.g. orthopaedics, management of varicose veins and much more
- Special treatment programmes for chronic diseases such as diabetes, breast cancer, coronary heart disease, bronchial asthma, chronic obstructive pulmonary disease and a €20 participation bonus upon registration
- €40 bonus upon registering at "BKK.Mein Hausarzt" (Company health scheme my family doctor) programme
- Orthopaedic second opinion procedure
- Second opinion procedure for cancer
- "BKK.Mein Facharzt" (Company health scheme my specialist) programme for cardiology and gastroenterology
- Psychotherapy contract (Baden-Württemberg) for fast access to psychotherapy

#### PREVENTATIVE HEALTHCARE AND REHABILITATION

- Health check for early diagnosis of diseases, every three years from the age of 35
- Skin cancer screening from the age of 35, every two years
- Preventative cancer checks for women aged over 20 and men aged over 45
- Outpatient and inpatient rehabilitation and benefits for existing or emerging disease
- Costs covered for sports rehabilitation and functional training
- Medical check-ups for children from birth to the age of five (U1–U9), and between the ages of 12 and 14 (J1)
- "Strong kids" programme of health check-ups with additional examinations such as baby check-ups, eye tests, primary school check-ups, young persons' check-ups
- Reminder service for medical check-ups
- Skin cancer screening every two years with no age limit
- Full reimbursement of costs for preventive vaccinations: tick-borne encephalitis (TBE), hepatitis A, hepatitis B, influenza, HPV, meningococcal B
- All recommended inoculations for travelling abroad
- Personal nutrition advice
- Regular opportunities to attend screening for early diagnosis at the company
- Advice on local self-help groups
- Highest allowance for outpatient care
- Escorts for patients in difficult circumstances
- 85% allowance twice a year (max. €75 per course) for preventative courses (movement, relaxation, nutrition)
- 4-day compact courses for prevention
- Subsidy for active/healthy week
- Subsidy for smoking cessation courses
- Coaching for children and young people with ADHS/ADS
- Mother/father and child therapeutic spa treatments
- Sports medical check-ups every two years

#### **DENTAL TREATMENT**

- Dental check-ups
- Parodontosis and jaw surgery treatments
- Fixed allowance for dentures as part of standard care
- Orthodontic treatment for children/young people
- Free "professional teeth cleaning"\* twice a year
- Dentures from standard care without additional payment\*\*
- Affordable implants\*

### PREGNANCY AND MOTHERHOOD

- O Prenatal care
- Ante-natal courses
- Birth in hospital
- Support from a midwife
- On-call service from a midwife up to €250
- 75% of costs covered for in-vitro fertilisation (up to four attempts)
- Maximum supplement for inpatient health care for chronically ill children
- "plan Baby", "Baby Care" programme
- Payment of costs for ante-natal courses for spouses / life partners (pre-requisite: membership of MAHLE's company health scheme)
- Payment of costs up to €300: Ultrasound examination, baby care courses, relaxation and movement courses, test for toxoplasmosis, nucal transparency
- Screening for premature birth
- Medicines up to a value of €100 for medicines prescribed by a doctor (such as iron, magnesium, folic acid)

#### **MEDICINES, REMEDIES AND AIDS**

- Medicines in general
- Co-payment exemption for particularly low-cost medicines as per GKV list (GKV = National Association of Statutory Health Insurance Funds)
- Payment of cost for contraceptives up until the age of 20
- Hearing aids (hearing devices)
- Prostheses
- Orthopaedic aids (e.g. orthopaedic shoes, wheelchairs)
- Incontinence and stoma articles
- Physical therapy (e.g. physiotherapy or massages)
- Podiatry (med. foot care)
- Voice, speech and language therapy
- Occupational therapy
- Rapid provision of aids thanks to special contracts
- Homoeopathic, anthroposophic and <u>plant-based</u> medicines up to €100, if prescribed by a doctor
- Anti-allergy bedding ("Allergy encasings")
- Non-prescription medicines up to €100 for children aged between 12 and 17
- Tinnitus therapy using the "Tinnitracks" app

#### HELP AND CARE AT HOME

- Help at home
- Care for the sick at home
- Residential nursing care
- Nursing allowance
- Care benefits in kind
- Comprehensive advice on care in the home
- Palliative care and hospice services
- Additional help at home in the event of acute illness in special cases
- Comprehensive advice of our nursing care insurance fund regarding nursing benefits
- Individual training courses for family members providing care
- Courses for "dementia" care for family members providing care including three home visits

#### **SERVICES & EXTRAS**

- Change to us online
- Make applications online
- Free members' magazine
- Personal contact person
- Over 60 years of expertise
- No anonymous call centre
- Support if treatment mistakes are suspected
- Advice on offices for the payment of pensions
- Information centre for the German Federal Rehabilitation Council (BAR)
- Advice on fighting corruption
- Advice on all health issues

#### Additional private insurance

Specially negotiated and low-cost rates for

- Improved benefits in hospital
- Per diem sickness indemnity
- O Dentures
- Eve wear
- Additional nursing insurance
- Additional insurance for travel abroad

Upon request, every member receives free health insurance to travel abroad.